

Appendix 2

Partners Comments

(Llio Wyn Yr Orsaf)

It is encouraging and positive that around 20 different organisations/departments have gathered in one room with the same vision, and have worked together, shared ideas, and shared good practice which in turn has led to funding to fund the project, the establishment of the community lounge and a full time job. It shows what is possible when there is clear communication, collaboration and the desire to improve the well-being of the residents of the Nantlle Valley.

The collaboration between all partners has meant that information sharing is more effective and reaches more people, e.g. A number of regular activities are carried out to prevent loneliness and isolation in the Valley, and this project has enabled us to strengthen community connections, which is a key preventive element for emotional and physical wellbeing.

(Ellen Williams – Senior Area Manager for the Western Cluster)

Primary Care and in particular the Primary Care Clusters within the Health Board are delighted to be an active partner in the work of the Wellbeing Nantlle project as it aligns with the cluster's priorities in terms of promoting self-care and building Community resilience as a vehicle to promote health and wellbeing. A key part of Primary Care work and the vision within Health is to move services closer to home and ensure that the population can easily access the appropriate provision they need at the right time and in order to be able to do this community collaboration and resilience are key.

The Nantlle Valley Wellbeing Group aligns with several key National Health and Wellbeing frameworks including the Health and Social Care Plan 2024, the Well-being of Future Generations Wales, Healthier Wales, and the Primary Care Model for Wales and the Healthy North Wales Programme.

The Health and Social Care Plan 2024 focuses on a whole-system approach to health and wellbeing with a focus on preventative work, early intervention and integrated Community services and the work of Wellbeing Nantlle encompasses these principles and this way of working by bringing people together and offering early provision and responding to loneliness and social isolation and promoting health and wellbeing by connecting individuals with Community resources.

The work of Wellbeing Nantlle links perfectly with the Health Board's priority on Social Prescription and the importance of connecting people with activities and provisions and aligns with the objectives of the National Social Prescription Framework. The project is also part of Social Prescribing's partnership work with Health and Public Health to agree and deliver a Social Prescription model across Gwynedd from April 2026.

As part of this collaboration we as a cluster held discussions with the local doctors and local community pharmacists and were very keen to be involved in this work and promote it. An offer came from the surgery to support the food provision for children and young people in

the area and to contribute to this support as this element often manifested itself and was something that the surgery wanted to contribute to the solution.

(Bethan Thomas, Grŵp Cynefin)

Grŵp Cynefin led an in-depth community engagement process in 2019, where over 150 local activities and resources were mapped and the wellbeing needs of residents of Dyffryn Nantlle were explored. In 2021, Grŵp Cynefin commissioned academic research to assess the need for social prescribing in the Valley, laying solid foundations for cross-sector collaboration. Thanks to the Community Led Support research commissioned by Gwynedd Council and Menter Môn, the Dyffryn Nantlle Wellbeing Group was established, which led to the development of collaborative approaches to sharing information and good practice, and planning how services and organisations can work together effectively to respond to the needs of the community.

The appointment of a Wellbeing Co-ordinator is a decisive step towards making that collaboration a practical reality. The role will focus on coordinating services, mapping gaps in provision, and intertwining what already exists in the Valley to create a more co-ordinated approach to supporting residents. By fostering inter-agency links and promoting social prescribing, the Co-ordinator will enable early interventions, reduce loneliness, and offer accessible support before problems worsen strengthening the preventative element of local provision and increasing community resilience in the long term.

(Dylan Thomas Adra)

As the largest Social Landlord in Gwynedd with over 350 properties in Dyffryn Nantlle, we were very keen to be part of the project and try to support in any way we could.

Supporting People, Supporting Health and Wellbeing and Supporting our Communities to Thrive are some of the main objectives of Adra's latest Corporate Plan, so hopefully being part of the project will contribute towards meeting these objectives.

A number of different members of staff have attended the group's workshops and meetings so far - from frontline staff to the Chief Executive - with everyone benefiting by learning about partner work and making new contacts. Our People Support Officer for the area who works with some of the most vulnerable residents in our communities, in particular, has benefited greatly by attending the group sessions.

As a company we have also supported by facilitating most of the meetings at our Tŷ Gwyrddfai site in Penygroes which has enabled us to educate partners about the work taking place on site.

We are looking forward to seeing how work develops and hope that our tenants in the Valley will benefit from it.

(Dafydd Gwynne Strategic Partnerships Manager, Public Health Directorate, Betsi Cadwaladr University Health Board)

Along with the provision of high quality healthcare services, another important objective of the Health Board is to improve the health and well-being of the population and to reduce health inequalities. We as a Public Health Directorate are therefore extremely keen to

support partnership initiatives that seek to improve the health and wellbeing of our communities by:

- put a focus on prevention and early intervention, especially for individuals most in need
- supporting people to live independently in their communities and reducing the need for health and social care services
- creating the conditions for communities to lead themselves, including having a voice and a sense of control over what is important to them
- identifying local assets and supporting communities to connect with them

The work at hand in the Nantlle Wellbeing Project is a good example of what is possible when leadership and energy comes from the community itself, with support then provided by statutory agencies. We are very keen that the model being developed is sustainable, and are therefore committed to supporting the process of evaluating the impact of the project e.g. holding a mapping and evaluation workshop on the 6th of October.

We look forward to supporting the work over the next period, to understand the impact of the project on the wellbeing of the residents of Nantlle, and to identify what lessons we can further share across the county and region.